

ZIRCONIA IMPLANT POST-OP INSTRUCTIONS

First 24 Hours: Avoid brushing and rinsing for the first 24 hours. It is ok to eat soft foods once the numbness has worn off. Take your medications as recommended by your doctor.

For the first week: Eat soft foods and chew on the opposite side if possible. Do brush and floss your teeth for the first week and avoid brushing directly over this site for 5 months. Use the recommended mouth rinse gently during this time.

After the first week: Brush and floss your teeth very well however the Zirconia implant **DOES NOT** need to be brushed or flossed. **DO NOT** press hard, but you should be able to brush all the surfaces of the teeth next to the implant area. If you have any discomfort that has not resolved or has gotten worse, please let your doctor know immediately. If there are any strange feelings in this area, even if they are not painful, please inform your doctor.

DO NOT CHEW ON IMPLANT FOR 5
MONTHS