

UNCOVER POST-OP INSTRUCTIONS

First 24 hours: Avoid brushing and rinsing for the first 24 hours. It is ok to eat soft foods once the numbness has worn off.

For three days: Eat soft foods and chew on the opposite side if possible. Brush and floss your teeth but avoid brushing directly over the site. Use the recommended mouth rinse gently during this time.

After three days: At this point you can eat your normal foods, if the area is still tender then you can stick to softer foods for another few days. Brush and floss your teeth and the implant very well (if using an electric toothbrush please turn off spinning/vibration around healing abutment until final crown is placed). At this point you should be able to brush the gum area to make sure all surfaces of the teeth next to the implant and the implant itself are kept clean.

If you have any discomfort that has not resolved or has gotten worse please let your doctor know immediately. If there are any strange feelings in this area even if they are not painful please inform your doctor.

Your implant will be ready for an impression appointment 3 weeks after the uncover date.